



Lander University
Equestrian

BEARCAT THERAPEUTIC RIDING AT LANDER UNIVERSITY EQUESTRIAN CENTER

Thank you for your interest in Bearcat Therapeutic Riding at Lander University Equestrian Center. Enclosed, please find the new rider/client forms. All forms are to be completed by the rider/client or parent/guardian with the exception of the physician's statement, which should be completed by the physician most familiar with the potential rider. Please send your completed forms with an original signature as soon as possible. Applications are taken on a first come first serve basis. All forms must be completed and returned in order to schedule an evaluation.

Class details:

- Adapted riding sessions are approximately 10 weeks long in the fall and spring.
- The rider/client typically rides once a week for 30-45 minutes depending on their age and physical condition.
- Each rider/client begins with 3 volunteers, sidewalking and leading.
- Participants in the adapted riding program progress at their own speed according to ability. Many move on to ride independently.

Cost:

Adapted Riding

- \$35/lesson (payment is made for a fall and/or spring term, not by individual lesson)

Hippotherapy

- \$60/session (not offered at this time)

*Fee assistance/scholarships may be available to those in need. See [Fee Assistance Form](#).

We are looking forward to your participation in our program.

Sincerely,

Nancy Poston
Bearcat Therapeutic Riding Program Coordinator
(864) 388-8585
nposton@lander.edu