



Lander University  
Equestrian

# BEARCAT THERAPEUTIC RIDING AT LANDER UNIVERSITY EQUESTRIAN CENTER

## UNDERSTANDING THE PARTICIPANT

Please list strengths and weaknesses in the following areas and be mindful of riding the horse.

Physical Aspects of Disability (i.e. balance, muscle strength, ability to sit independently, stand, reach, etc.)

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Cognitive Aspects of Disability (understanding simple or complex directions)

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Behavioral Aspects (Response to direction, frustration, triggers that set off negative responses, and calming techniques)

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Social Aspects (Ability to function in a group setting)

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Ability to Communicate (i.e. non-verbal, makes sounds, length of sentences, sign language)

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Goals (Why are you applying for participation, what would you like to accomplish over the short term and long term)

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Signature: \_\_\_\_\_

Date: \_\_\_\_\_