

Major/Program	Exercise Science: Pre-Occupational Therapy
College	Education
Department	Physical Education/Exercise Studies
Contact	Judi Neufeld, Dean

2017-2018

Lander University

4-Year Major Guide

	First Semester	Second Semester	TOTALS	
First Year	Course	Notes	Hours	
	ENGL 101	Writing (General Educ.)	3	
	BIOL 111	Lab. Sci. (General Educ.)	4	
	MATH 121	General Education	3	
	¹ PEES 175	Wellness (Gen. Educ.)	2	
	PEES 176	Wellness (Gen. Educ.)	3	
	PSYC 101	Behavioral Science (General Education)	1	
	LINK 101	University Requirement	1	
	Subtotal		17	
				Yearly Totals
Second Year	Course	Notes	Hours	
	² CHEM 111		4	
	Foreign Language	University Requirement	3	
	CIS 101		3	
	Literature	General Education	3	
	¹ BIOL 202		4	
	Subtotal		17	
				Yearly Totals
	Third Year	Course	Notes	Hours
		PEES 311		4
PEES 310			3	
SPCH 101			3	
MATH 211		Logic & Analytical Thought (General Education)	3	
² PSYC 251		(Abnormal Psychology)	3	
² Elective			2	
Subtotal		18		
			Yearly Totals	
Fourth Year		Course	Notes	Hours
	PEES 490		3	
	PEES 341		3	
	PEES 330		3	
	PEES 308		3	
	² PHYS 201		4	
	PEES 100-level activity (Sport/Fitness)		1	
	Subtotal		17	
				Yearly Totals

Additional Requirements: CPR/FA card

Total Hours Required: 131

¹Prerequisite courses for admission into Level II of the Exercise Science Program, along with minimum cumulative Lander GPA of 2.75

²Before taking this course, students following the Pre-Occupational Therapy concentration should speak with an advisor regarding specific courses required to meet graduate school Occupational Therapy prerequisites.