

PROGRAM REQUIREMENTS

DEGREE: BACHELOR OF SCIENCE

MAJOR: INTERDISCIPLINARY STUDIES: Public and Behavioral Health

AREA 1: Nursing - Public Health

AREA 2: Psychology

Credit Hours

UNIVERSITY REQUIREMENT

FALS 101: Fine Arts and Lecture Series (Temporarily suspended) 0

GENERAL EDUCATION REQUIREMENTS

(For approved courses see General Education: www.lander.edu/gen-ed.)

A. Core Academic Skills (9 hours)

ENGL 101: Writing and Inquiry I 3
ENGL 102: Writing and Inquiry II 3
MATH 121: Mathematical Applications, or
MATH 123: Calculus and its Applications 3
MATH 141: Single Variable Calculus

B. Humanities and Fine Arts

(6 hours selected from 2 different disciplines) 6

C. Behavioral and Social Perspectives

(6 hours selected from 2 different disciplines) 6

D. Scientific and Mathematical Reasoning

(7 hours selected from 2 different disciplines, 1 lab science required) 7
CHEM 105: Essentials of Inorganic, Organic, and Biochemistry, or
CHEM 111: General Chemistry
MATH 211: Statistical Methods I

E. Founding Documents of the United States

HIST 111: United States History to 1877, or
POLS 101: American National Government 3

F. World Cultures

3

G. LINK 101: Leadership, Involvement, Networking and Knowledge

1
LINK 101 is required of all new transfer students who have earned less than
24 credit hours of college-level work and all first-time freshmen.

TOTAL GENERAL EDUCATION REQUIREMENTS 35

If all of the General Education requirements are met and/or waived, and the credit hours do not add up to at least 30, the General Education requirements are not complete. If below 30, additional General Education courses from any category must be taken until the total hours add up to at least 30 hours.

*MAJOR PROGRAM CORE REQUIREMENTS

IDS 101: Introduction to Interdisciplinary Studies 3
IDS 499: Interdisciplinary Capstone Seminar 3

TOTAL MAJOR PROGRAM CORE REQUIREMENTS 6

*MAJOR PROGRAM #1 REQUIREMENTS

Nursing science and nursing theory are the foundation for the IDS Public Health and Wellness Program; therefore, students selecting this module must meet the following program requirements:

1. Complete the following nursing prerequisite courses with a “C” or better: ENGL 101, ENGL 102, CHEM 105/CHEM 111, CHEM 106/CHEM 112, BIOL 202, BIOL 203, and MATH 121 or MATH 123 or MATH 141.
2. Complete the following nursing courses with a “C” or better: NURS or HPW 165, NURS 235, and MATH 211.
3. Complete the following Psychology prerequisite courses with a “C” or better: PSYC 101, PSYC 202, PYSC 203
4. Interview with and be recommended by the Dean of Nursing or designated advisor for the program.
5. Coursework must include at least 30 hours earned in 300 or above level courses, of which 12 hours must be in the major.

Once these requirements are met the prerequisites for the remaining NURS/NURN courses will be waived.

NURS 111: Medical Terminology	1
NURS 165: History and Trends in Nursing, or PUBH 165: Introduction to Public Health	2
NURS 232: Pharmacology Basics	2
NURS 235: Lifespan Wellness Nursing	3
NURS 291: Complementary and Alternative Practices in Nursing	3
NURS 303: Nursing Research	3
NURS 310: Cultural Perspectives in Global Health, or PUBH 310: Global Health	3
NURS 372: Healthcare Genomics	3
NURN 373 or NURS 373: Spirituality in Nursing	3
PUBH 415: Epidemiology and Biostatistics	3
PUBH 425: Program Planning and Implementation	3
PUBH 435: Program Measurement and Evaluation	3
TOTAL MAJOR PROGRAM # 1 REQUIREMENTS	32

***MAJOR PROGRAM #2 REQUIREMENTS**

PSYC 101: General Psychology	3
PSYC 203: Developmental Psychology	3
PSYC 212: Interviewing and Counseling	3
PSYC 251: Abnormal Psychology	3
PSYC 362: Health Psychology	3
Choose 9 credit hours from the following:	9
PSYC 303: Psychology of Aging	
PSYC 306: Psychology of Personality	
PSYC 314: Psychology of Childhood	
PSYC 315: Adolescent Development	
PSYC 379: Special Topics Seminar	
PSYC 405: Death and Dying	
PSYC 416: Childhood Psychopathology	
TOTAL MAJOR PROGRAM # 2 REQUIREMENTS	24

***ADDITIONAL PROGRAM REQUIREMENTS**

BIOL 202: Human Anatomy	4
BIOL 203: Human Physiology	4

TOTAL ADDITIONAL PROGRAM REQUIREMENTS 8

TOTAL MAJOR REQUIREMENTS 70

ADDITIONAL ELECTIVES 15

TOTAL FOR BS DEGREE 120

* Students must earn a “C” or better in all program requirement courses.

Coursework must include at least 30 credit hours earned at 300-level or above, of which 12 credit hours must be in the major.

Program reviewed for 2022-23.