

Major/Program	Physical Education (K-12 Teacher Certification)
College	Education
Department	Physical Education/Exercise Science
Contact	Dr. Sarah Hunt-Barron, Dean

2024-2025

Lander University 4-Year Major Guide

	First Semester			Second Semester			TOTALS
	Course	Notes	Hours	Course	Notes	Hours	
First Year	ENGL 101	Core Academic Skills (General Education)	3	ENGL 102	Core Academic Skills (General Education)	3	Yearly Totals 32
	General Education	Humanities and Fine Arts (General Education)	3	General Education	Behavioral and Social Perspectives (General Education)	3	
	General Education	World Cultures	3	MATH 101 or MATH 121	Core Academic Skills (General Education)	3	
	PEES 175		2	PEES 210		4	
	PEES 100-level activity		1	PEES 219		3	
	PSYC 101	Behavioral and Social Perspectives (General Education)	3				
	LINK 101	Core Academic Skills (General Education)	1				
	Subtotal		16	Subtotal		16	
Second Year	First Semester			Second Semester			Yearly Totals 30.5
	EDUC 203		0.5	EDUC 204 or CIS 101		3	
	EDUC 240		3	MATH 211	Scientific and Mathematical Reasoning (General Education)	3	
	General Education	Humanities and Fine Arts (General Education)	3	PEES 204		2	
	PEES 223		2	PEES 222		2	
	PEES 226		3	PEES 224		2	
	PSCI 111 recommended	Scientific and Mathematical Reasoning (General Education)	4	PEES 228		3	
	Subtotal		15.5	Subtotal		15	
Third Year	First Semester			Second Semester			Yearly Totals 30
	HIST 111R, HIST 112R, or POLS 101R	Founding Documents (General Education)	3	PEES 310		4	
	PEES 144		1	PEES 326		3	
	PEES 206		2	PEES 320*		3	
	PEES 300 or PEES 424		3	PEES 329*		1	
	PEES 311		4	PEES 420*		3	
	PEES 318*		3				
	Subtotal		16	Subtotal		14	
Pass all sections of Praxis Core. Apply for admission to the Professional Program; 2.75 GPA required for admission			Must be admitted to the Professional Program to enroll in PEES 329.				
Fourth Year	First Semester			Second Semester			Yearly Totals 30
	PEES 305*		3	PEES 451*		3	
	PEES 402*		3	PEES 461*		11	
	PEES 422*		3	EDUC 499*		1	
	PEES 429*		1				
	PEES 499*		1				
	PEES 100-level activity		1				
	EDUC 300* or EDUC 320*		3				
Subtotal		15	Subtotal		15		
Take Praxis II and PLT							
Additional Requirements: CPR/FA card			Total Hours Required:			122.5	

*Student must be admitted to Professional Program in Teacher Education.

Physical Education majors must earn a "B" or better in PEES 329, PEES 429, and PEES 461. A "C" or better must be earned in all other Major Program Core Requirements, Major Program Additional Requirements, and PEES 175.