

<b>Major/Program</b>	International Studies (BA)
<b>College</b>	Humanities, Arts, and Social Sciences
<b>Department</b>	Government, Criminology, and Sociology
<b>Contact</b>	Dr. Lucas McMillan, Dean
2026-2027	

## Lander University

### 4-Year Major Guide

	First Semester			Second Semester			TOTALS
	Course	Notes	Hours	Course	Notes	Hours	
<b>First Year</b>	*ENGL 101	Core Academic Skills (General Education)	3	*ENGL 102	Core Academic Skills (General Education)	3	
	*HIST 121		3	*HIST 122		3	
	HIST 111R or HIST 112R or POLS 101R	Founding Documents of the United States (General Education)	3	*POLS 103		3	
	General Education	Humanities and Fine Arts	3	General Education	Humanities and Fine Arts	3	
	General Education	Behavioral and Social Perspectives	3	Elective		3	
	LINK 101	General Education	1				
	<b>Subtotal 16</b>			<b>Subtotal 15</b>			<b>Yearly Totals 31</b>
<b>Second Year</b>	<b>First Semester</b>			<b>Second Semester</b>			
	Course	Notes	Hours	Course	Notes	Hours	
	Area Requirement	Language, Culture and Religion (see list below)	3	Area Requirement	Conflict and Cooperation (see list below)	3	
	Elective		3	Elective		3	
	Elective		3	Elective		3	
	General Education	Behavioral and Social Perspectives	3	Elective	Scientific and Mathematical Reasoning (General Education)	3	
MATH 211		3	Laboratory Science		4		
	<b>Subtotal 15</b>			<b>Subtotal 16</b>			<b>Yearly Totals 31</b>
<b>Third Year</b>	<b>First Semester</b>			<b>Second Semester</b>			
	Course	Notes	Hours	Course	Notes	Hours	
	*INTL 390		3	Elective		3	
	Area Requirement	Policy and Practice (see list below)	3	Elective		3	
	Focus area in INTL		3	Elective		3	
	Focus area in INTL		3	Elective		3	
General Education	Scientific and Mathematical Reasoning	3	Elective		3		
	<b>Subtotal 15</b>			<b>Subtotal 15</b>			<b>Yearly Totals 30</b>
<b>Fourth Year</b>	<b>First Semester</b>			<b>Second Semester</b>			
	Course	Notes	Hours	Course	Notes	Hours	
	INTL 499		3	Focus area in INTL		3	
	Elective		3	Elective		3	
	Elective		3	Elective		3	
	Elective		3	Elective		3	
General Education	World Cultures	3	Elective		1		
	<b>Subtotal 15</b>			<b>Subtotal 13</b>			<b>Yearly Totals 28</b>

**Total Hours Required: 120**

\*Students must earn a "C" or better.  
 NOTE: The spring semester of the Third Year has all electives in order to encourage students to spend a semester abroad at a university approved program

There are 15 credit hours of core requirements: HIST 121, HIST 122, INTL 390, INTL 499, and POLS 103  
 The remaining 18 hrs. are distributed as follows: one course of 3 hrs. in each category for a total of 9 hrs. + three additional courses within one category for an additional 9 hrs.

- Major Program Area Requirements**
- Language, Culture, and Religion** (3 credit hours minimum; 12 credit hours maximum if focus area): ARTH 320, ARTH 321, ARTH 372, ENGL 214, ENGL 221, FREN 203, FREN 301, FREN 330, FREN 340, FREN 355, FREN 360, HIST 307, HIST 363, HIST 370, HIST 375, HIST 376, HIST 377, HUMA 390, HUMA 391, PHIL 312, POLS 260, POLS 305, POLS 361, RELI 301, RELI 330, SPAN 203, SPAN 204, SPAN 205, SPAN 217, SPAN 305, SPAN 306, SPAN 320, SPAN 327, SPAN 340, SPAN 350, SPAN 355, SPAN 357, SPAN 360, SPAN 367, SOCI 321, SOCI 329, SOCI 351, SOCI 363, SOCI 389, SOCI 397
- Policy and Practice** (3 credit hours minimum; 12 credit hours maximum if focus area) BA 390, CHEM 381, EDUC 309, ES 314, ES 390, INTL 371, NURS 310, PHIL 325, POLS 303, POLS 325, POLS 366, POLS 391, POLS 445, PUBH 310
- Conflict and Cooperation** (3 credit hours minimum; 12 credit hours maximum if focus area) HIST 307, HIST 346, HIST 347, HIST 365, HIST 379, HIST 383, HIST 391, HIST 392, POLS 325, POLS 366, POLS 391, POLS 445

**Additional Requirements:**  
 All students must choose at least one of the following pathways as part of their program of study that require approval from the Program Coordinator:  
 - a semester studying abroad in a university-approved program (the spring semester of Year 3 has been kept open to facilitate this option)  
 - an overseas study tour led by a Lander faculty member  
 - an internship (either HIST 490 or SOSC 490) focusing on international studies  
 - 200-level foreign language fluency ("C" or better in a 200-level language course)  
**Students are required to add a second major or a minor to this program of study. Students majoring in International Studies cannot minor in International Studies.**

Recommended courses not listed above include ECON 101, GEOG 101, and POLS 101. Introductory courses are required to take upper-level courses in most disciplines, so students should check a course's pre-requisites before making choices in the Major Program Area Requirements.