

Major/Program	Exercise Science
College	Education
Department	Physical Education/Exercise Studies
Contact	Linda Neely, Dean

rev. 6/2008

Lander University
4-Year Registration Plan

	First Year						TOTALS
	Course	Notes	Hours	Course	Notes	Hours	
First Year	PEES 175	<i>Wellness (Gen. Educ.)</i>	2	ENGL 102		3	→ Yearly Totals 31
	PEES 176	<i>Wellness (Gen. Educ.)</i>	1	CIS 101		3	
	ENGL 101		3	Fine Arts	<i>General Education</i>	3	
	Mathematics	<i>General Education (recommend MATH 101)</i>	3	Foreign Language	<i>University Requirement</i>	3	
	Foreign Language	<i>University Requirement</i>	3	BIOL 101	<i>Lab. Sci. (Gen. Educ.)</i>	4	
	Behavioral Science	<i>General Education</i>	3				
	Subtotal		15	Subtotal		16	

First Semester		
Course	Notes	Hours
PEES 219		3
PEES 144		1
History	<i>General Education</i>	3
Laboratory Science	<i>General Education</i>	4
Humanities/Literature	<i>General Education</i>	3
Elective		3
	Subtotal	17

Second Semester			
Course	Notes	Hours	
PEES 202		3	
PEES 210		4	
Political Economy	<i>General Education</i>	3	
Humanities	<i>General Education</i>	3	
MATH 211	<i>Logic & Analytical Thought (General Education)</i>	3	
	Subtotal	16	
			→ Yearly Totals 33

First Semester		
Course	Notes	Hours
PEES 311		4
PEES 308		3
PEES 361		3
Elective		3
Elective		3
	Subtotal	16

Second Semester			
Course	Notes	Hours	
PEES 310		3	
PEES 330		3	
PEES 362		3	
Global Issues / NonWestern Studies	<i>General Education</i>	3	
PEES 100-level activity		1	
PEES 100-level activity		1	
	Subtotal	14	
			→ Yearly Totals 30

First Semester		
Course	Notes	Hours
PEES 341		3
PEES 490 (I)	<i>current CPR certification required</i>	3
Elective		3
Elective		3
Elective		3
FALS 101	<i>University Requirement</i>	1
	Subtotal	16

Second Semester			
Course	Notes	Hours	
PEES 326		3	
PEES 490 (II)	<i>current CPR certification required</i>	3	
PEES 406		3	
PEES 499		1	
Elective	<i>recommend PEES 199</i>	1	
Elective		3	
Elective		1	
	Subtotal	15	
			→ Yearly Totals 31

Total Hours Required: 125