

QuickStart Guide for:

CINAHL Plus with Full Text

Directions:

CINAHL Plus with Full Text allows you to search for nursing-related research articles that are published in nursing periodicals.

The screenshot shows a search results page for CINAHL. At the top, it says "All Results: 1-10 of 16 Page: 1 2 Next" and "Sort by:". Below that, a green bar indicates "Results for: mental health and surgery" with a checkmark and "Options set". The results list two items:

1. [The process of setting up a self-help clinic in primary care: one gr mental health worker's experience.](#) (includes abstract); Cassidy S Primary Care *Mental Health*, 2005; 3 article - case study, tables/charts) ISSN: 1476-4717 CINAHL AN: 200 [PDF Full Text](#) [Add to folder](#) | Relevancy: | Cited References: (15)
2. [A comparative study of patient perceived quality of life pre and p bypass graft surgery.](#) (includes abstract): Ballan A; Lee G Australian Journal of Advanced N

This is a screen shot of CINAHL after a keyword search (“mental health” and “surgery”) has been entered. Articles 1 and 2 were retrieved because they contain both key terms.

You can “Narrow Results” by selecting the links on the left of the image or changing your search phrase. See the *Booleans* under the help function of the database for search strategies.

Definitions:

Peer Reviewed: Peer-reviewed articles are typically written by academic experts (professors) with advanced degrees in their respective fields. In order to be published in academic journals, these articles are submitted through a rigorous process of review by other academic experts who determine if the article is appropriate for publication in the journal.

Periodical: Publications that are published periodically (weekly, monthly, biannually, annually, etc.) Some examples include: *New York Times*, *Time Magazine*, *the Economist*, and *Forbes*. Some are scholarly, or peer-reviewed, in nature. Some examples include: *American Literature*, *Aboriginal History*, *Academic Radiology*.

Trade Periodicals: Trade periodicals are not academic in nature but are written for an audience interested in a particular trade, such as business (*Forbes Magazine*) or nursing. (*Nursing Times*)

Basics:


A *Keyword Search* lets you search for articles in the database that contain a specific word or phrase.

Searching: **CINAHL Plus with Full Text** | [Choose Databases »](#)

mental health and surgery

[Search Options](#) | [Advanced Search](#) | [Visual Search](#) | [Search History/Alerts](#) | [Preferences](#)

The search will retrieve articles with the keyterms *mental health* and *surgery* in the .

1. [Teenagers and cosmetic surgery: focus on breast augmentation and liposuction](#) (includes abstract); Zuckerman D; Abraham A *Journal of Adolescent Health*, 2008 (4): 318-24 (journal article) ISSN: 1054-139X CINAHL AN: 2010063217
Abstract Only
 [Add to folder](#)

Below is an image of an article's information after it has been selected:

Title:	Teenagers and cosmetic surgery: focus on breast augmentation and liposuction
Authors:	Zuckerman D ; Abraham A
Affiliation:	National Research Center for Women & Families, Washington, DC, USA
Source:	Journal of Adolescent Health (J ADOLESC HEALTH), 2008 Oct; 43(4): 318-24
Publication Type:	journal article
Abstract:	Two of the most popular and controversial cosmetic procedures for teenagers are breast implants and liposuction. In this review article, the procedures are discussed. In addition, there are several reasons to delay these procedures, including concerns about body image and the psychological effects of cosmetic surgery. The article discusses the importance of counseling and support for teenagers considering cosmetic surgery. It also discusses the risks and benefits of these procedures and provides information on how to find a qualified surgeon.

The page gives the needed for a proper citation. It gives the **Title**, the **Author**, and the **Source**, the name of the publication that the article is in. In this case it is a periodical titled *Journal of Adolescent Health*. Additionally, the **Source** gives the publication date and page numbers.



Things to Remember:

Limit your search to retrieve only *full-text* articles. You can select this option on the database's home page.

CINAHL Full Text also lets you limit your search by: Publication Type, Clinical types, and gender.

Call, email, or IM the Jackson Library Reference Office for help.
Phone: 864.388.8435 or 864.388.8029
Email: mberry@lander.edu, lwiecki@lander.edu or ahaigh@lander.edu

Instant Message: Lander-Librarian (Go to our website for quick access to our IM Service (<http://www.lander.edu/library/services/askalibrarian2.html>))