

Academic Program Name:	General Education: Competency H
Academic Program Assessment Coordinator:	General Education Committee
Submission Date of This Report:	August 29, 2008

PROGRAM GOAL: Provide a means of acquiring life skills that allows students to complete successfully any undergraduate program of study and to be intellectually prepared for the challenges of modern life.

COMPETENCY H: Acquire an understanding of health

Lander University desires students to have college-level knowledge associated with health. Specifically, students are expected to have an understanding of:

- Health risks factors
- Personal wellness
- Proper nutrition, diet and weight control, physical fitness, stress management, and cardiovascular health

Assessment Instrument and Frequency of Assessment	Expected Outcome	Summary of Data Collected	Review of Results and Actions Taken
Lander Competency Assessment (Competency H Sub-Test): Administration Schedule – each Spring Semester beginning Spring 2008	<ul style="list-style-type: none"> • <u>Met</u>: The average scores of both Junior and Senior students are at least 50%. • <u>Partially Met</u>: The average score of either the Junior or the Senior students is below 50%. • <u>Not Met</u>: The average score of both Junior and Senior students are below 50%. 	Scores were as follows: <ul style="list-style-type: none"> • Junior = 55.4% • Senior = 59.5% 	Expected Outcome Met. Although student performed well overall, the General Education Committee has recommended that 1) this sub-test be eliminated from the instrument, 2) data from wellness course assessments continue to be collected and used, and 3) a common rubric be developed to assess health.
National Survey of Student Engagement (NSSE): Administered every three years (Spring 2007 and Spring 2010)	<ul style="list-style-type: none"> • <u>Met</u> = Benchmark comparison for Lander seniors is above all of the following - Selected Peers, 	Data are provided on the NSSE summary data page.	Expected Outcome Not Met Continue to use NSSE.

	<p>Carnegie Peers and NSSE participants for the year;</p> <ul style="list-style-type: none"> • <u>Partially Met</u> = Benchmark comparison for Lander seniors is above only one or two of the following - Selected Peers, Carnegie Peers and NSSE participants for the year; • <u>Not Met</u> = Benchmark comparison for Lander seniors is above none of the following - Selected Peers, Carnegie Peers and NSSE participants for the year. 		<p>Results here are not statistically significant within either the first-year groups or the senior groups.</p> <p>Ways will be sought to encourage students to continue to participate in physical activities throughout their college careers because participation at senior level is lower than that at the freshman level.</p>
<p><u>Student Opinion Survey:</u> Administered every second and third Spring Semester (Spring 2008 and Spring 2009)</p>	<ul style="list-style-type: none"> • <u>Met</u> = Responses to both Items indicate that 70% or more of the students Strongly Agree or Agree • <u>Partially Met</u> = Responses to only one Item indicates that 70% or more of the students Strongly Agree or Agree • <u>Not Met</u> = Responses to neither Item indicates that 70% or more of the students Strongly Agree or Agree 	<ul style="list-style-type: none"> • <u>Item 25:</u> 76.2% • <u>Item 26:</u> 82.9% 	<p>Expected Outcome Met</p> <p>Students perceive that this knowledge is necessary for a complete college education.</p> <p>Recommend continuation of this measure.</p>
<p><u>PEES-165:</u> Wellness for Life Assessment</p> <p>Administered each semester in PEES-165</p>	<ul style="list-style-type: none"> • <u>Met:</u> All questions within one of the Objectives are answered correctly by 70% or more of the students • <u>Partially Met:</u> Only one, two or three questions within one of the Objectives are 	<p>Percent questions answered correctly</p> <ul style="list-style-type: none"> • Objective 1 <ul style="list-style-type: none"> ○ 1 – 94.0% ○ 2 – 42.2% ○ 3 – 39.6% 	<p>Expected Outcome: Overall Partially Met</p> <ul style="list-style-type: none"> • Objective 1: Partially Met • Objective 2: Not Met • Objective 3: Not Met • Objective 4: Partially Met

	<p>answered correctly by 70% or more of the students</p> <ul style="list-style-type: none"> • <u>Not Met</u>: None of the questions within one of the Objectives are answered correctly by 70% or more of the students 	<ul style="list-style-type: none"> • Objective 2 <ul style="list-style-type: none"> ○ 4 – 51.5% ○ 5 – 37.9% • Objective 3 <ul style="list-style-type: none"> ○ 6 – 37.1% ○ 7 – N/A • Objective 4 <ul style="list-style-type: none"> ○ 8 – 71.7% ○ 9 – 40.1% ○ 10 – 83.1% • Objective 5 <ul style="list-style-type: none"> ○ 11 – 63.7% ○ 12 – 79.3% • Objective 6 <ul style="list-style-type: none"> ○ 13 – 25.3% ○ 14 – 25.3% • Objective 7 <ul style="list-style-type: none"> ○ 15 – 75.1% ○ 16 – 56.9% ○ 17 – 72.1% ○ 18 – 70.9% • Objective 8 <ul style="list-style-type: none"> ○ 19 – 37.9% ○ 20 – 72.1% <p>Objectives are provided on the PEES-165 summary data page.</p>	<ul style="list-style-type: none"> • Objective 5: Partially Met • Objective 6: Not Met • Objective 7: Partially Met • Objective 8: Partially Met <p>Student performance varied greatly across sections. A course “audit” was conducted reviewing course syllabi, instructional materials, assignments, and instructional strategies employed in PEES-165. The following were outcomes of the audit:</p> <ul style="list-style-type: none"> • A faculty member has been assigned to coordinate content across all sections of the course. • The faculty agreed that this course is a priority in the Department and will assign experienced faculty to teach the course. • Group meetings of faculty teaching PEES-165 will occur on a regular basis. • Beginning Fall Semester of 2008, the course will be based on a common syllabus, common textbook and common assessments.
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