

# Student Life

The Division of Student Affairs provides a well-balanced program of co curricular activities and encourages student participation in these and other aspects of University life. As members of the University community, students have opportunities to gain valuable experience in leadership and human relations skills which can enrich their lives far beyond their college years. Registered student organizations, intramurals, and athletics are just a few of the many opportunities offered at Lander. There are over 60 registered student organizations, which include academic organizations, club and interest groups, club sports, Greek organizations, honor societies, media groups, and religious organizations. Students are also encouraged to become involved in the Greenwood community through volunteer opportunities, which are coordinated through the Student Activities Office.

The **student** orientation program, EXPO, helps new students become acquainted with the Lander campus. Emphasis is placed on student services information, co curricular opportunities, and meeting other students, and staff.

In an effort to offer opportunities for personal enrichment to the Lander community, Lander sponsors a variety of programs, formal and informal, through which students may broaden their educational experience. In addition, academic departments sponsor visits by poets, lecturers, and musicians who mingle informally with students as well as share their talents freely from the lectern or concert stage.

Student-faculty interaction is encouraged through field trips, cultural offerings, annual Lander outdoor events, and other co curricular activities. In addition, students are also encouraged to participate in a comprehensive, high quality intramural and recreational sports program.

The **Student Publications Board** oversees student publication of *The Forum*, the student newspaper; and *Review*, a literary magazine which publishes entries judged the best in art work, poetry, short stories, essays and photography.

The **Intercollegiate Athletics** program allows students/athletes an opportunity to support teams in ten varsity sports: women's basketball, soccer, softball, volleyball, tennis, and men's tennis, basketball, soccer, golf, and baseball. The philosophy of athletics at the University affirms that participants in the program are first of all students and secondarily, athletes.

**Lander University Student Wellness Center** is located in Genesis Hall. The Center houses Health Services and Counseling Services. The office hours are 8:00 a.m. until 5:00 p.m. – Monday through Friday. Summer hours are 7:30 a.m. until 5:00 p.m. Monday through Thursday. During the summer months, counseling sessions after 12:00 noon on Thursday are by appointment only.

**Health Services** are funded by and serve full time students who pay the student health services' fee. The staff consists of registered nurses and a group of local physicians who treat students upon referral.

**Counseling Services** provide professional assistance at no cost to students in matters such as personal and family problems, substance abuse, low morale, sub-par academic performance, test anxiety, and relationship difficulties. (In a physical or mental health emergency during the day or after office hours, students may choose to be treated or be referred to the Express Care or the Emergency Room at Self Regional Health Care. Such treatment is at the student's expense.)

**Veterans' Affairs** information is available from the Office of the Registrar or from [www.lander.edu/registrar](http://www.lander.edu/registrar).

**The Office of Career Services** works with students in developing and implementing career plans. Located on the third floor of Grier Student Center, the Office of Career Services offers individual career counseling and testing. Career Development, a one semester hour credit course, is designed to prepare students with the skills and perspectives necessary to enter the job market. Students interested in part-time off-campus jobs are encouraged to visit Lander's online job board at [www.collegecentral.com/lander](http://www.collegecentral.com/lander). Many online resources are available to students including information on career exploration, internships, graduate school, resumes, and interviewing. Students and alumni can access this free online information at [www.lander.edu/careerservices](http://www.lander.edu/careerservices) .

A Cooperative Education Program allows students to combine academic instruction with paid work experience both on and off campus. Students interested in participating in the Cooperative Education Program should contact Ms. Jennifer Pierce-Turman in the Office of Career Services. Students wishing to receive academic credit may register for one or two credit hours per semester (a total of six semester hours is available). Students participating in the Cooperative Education must have completed a minimum of 30 semester hours with a minimum 2.25 GPA. Participation depends on job availability.

Graduating seniors are strongly encouraged to make an appointment with Career Services and participate in elective, brief seminars focused on resume preparation and job interview skills.